

RHEMI NATION RESET FAST 2025

According to the Bible, there are three duties of every Christian: give, pray and fast. Biblical fasting takes a lot of discipline and strength—strength which you can only receive from God.

Your private discipline will bring you rewards in Heaven, says Matthew 6.

The Reset Fast will deepen your relationship with God, renew your body, and bring clarity for your next season

FASTING: The way to set the course of your year is through fasting and prayer. Experience the power and blessing of seeking God first! What God has next will undoubtedly be greater than we can imagine, and we believe this is our moment to seek Him wholeheartedly.

Date: January 5, 2025- January 26, 2025

Daily Prayer: 6:00 am EST/ 5:00 am CST

Daily Prayer Line: Tuesday-Friday 6am

Call: 1-646-769-9900 **Access Code** 642619#

Fasting Time: 6:00am-6:00 pm (based on your time zone)

OR 24 HOURS

Types of Fast: Daniel Fast and RESET Anti-Inflammatory Meal Plan Fast

TYPES OF FASTS:

~Daniel FAST (Fruits, Vegetables & Water) 6am-6pm

~RESET Anti~Inflammatory Meal Plan Fast

EXPECT: Answered Prayers, Expansion, Increased Capacity, New Chapter in Life, Growth, Grace to receive wealth and the best from God.

- Fasting will break the spirit of poverty over your life and will prepare the way for prosperity (Joel 2:15, 18–19, 24–26).
- Fasting breaks the power of fear that oppresses you (Joel 2:21).
- Fasting will break the stronghold of sexual impurity.
- Fasting will break the power of sickness and infirmity and release healing in your life (Isa. 58:5–6, 8).
- Gain confidence in God as your Father
- Fasting will Restore & Empower you to be bold and recover ALL!

We are starting this year full of power! We are breaking destructive patterns; and we are walking whole and free into the next season Of Expansion & Increased Capacity.